information call

arter will be
ng at St Christopher's
al at 6pm. Tickets
D5 for adults
for children are
in advance from
opher's Cathedral
d on the door.

See Page 3

ana is hosting a



Amsterdam, La vinoteca Barcelona and at the door. For more information contact 17739668 or email JanetD@BMMI.com.bh

Friday (December 2)

The Jawad Dome in Barbar will be hosting another colourful Christmas Market. Santa Claus will be greeting small guests and shoppers will be entertained with carol singing by a children's choir. The event will take place from noon to 9pm.

The Dogfather's Second Hand shop is hosting a boutique sale on from 11am-2pm at the Bahrain Rugby Football Club. There will be an entry fee of 500 fils. For more information or bookings call 17273000.

The Calisthenics World Cup featuring international gymnasts performing stunning competitive exercises to achieve bodily fitness and grace of movement will take place today and tomorrow from 1-6pm at the Art Rotana, Amwaj.

For more information call 36070097 or visit calisthenicsworldcup.com

Saturday (December 3)

Gulf Diabetes Specialist Centre is hosting a Walkathon to raise awareness of the condition brunch every Saturday at La Mer Restaurant in Hotel Sofitel Bahrain Zallaq Thalassa Sea & Spa and enjoy the serene views of

'Brushless' by Yusra Ahmed at 7pm. For more information contact 35572847 or email



There's no accounting for taste as edible cutlery packs a profit

THERE will be plenty of food for thought when the inventor of edible cutlery takes to the stage at the Bahrain Chapter of the Institute of Chartered Accountants of India (BCICAI) eighth Annual International Conference on Friday and Saturday at the Hotel Diplomat Radisson Blu, Manama, writes Kristian Harrison.

At the conference, 450 chartered accountants from across the region and India will hear about trends and techniques on the theme 'Challenges Create Opportunities'.

One of the major guest speakers at the event will be Narayana Peesapaty.

Many years ago, when he saw a man scoop his food with a cracker after breaking his plastic spoon, a 'lightbulb' went off in the environmentalist and groundwater researcher's head.

He decided to create an alternative to plastic cutlery, using Jowar (a type of finger millet) which is a less waterintensive plant than rice and takes up flavours just as easily.

The inventor will be speaking about his journey from inventor to entrepreneur. He said: "About 120 billion pieces of disposable plastic cutlery are discarded in India every year. Plastic contains chemicals that can seep into food or beverages and cause cancer. I decided to create an alternative to plastic cutlery. Spoons made from this millet are hard enough not to dissolve when we scoop up soup but easy to chew after the meal."

Peesapaty's factory now makes more than 30 million edible spoons in sweet and savoury flavours, including ginger-cinnamon, ginger-garlic, celery, black pepper, cumin, mint-ginger and

carrot-beetroot.

Customers span cities in India, the US, China, Greece and Australia. The cutlery has a shelf life of more than three years and will decompose in just four-to-five days if not consumed within that time. In contrast to this, an average plastic bottle takes about 450 years to break down.

• For more information and bookings, call 39624908 or email Sridhar@trafco.com



